

Biblical Parenting

Suggestions for Parenting Grown-Up Kids

EPHESIANS 4:25–32



The Heart of the Matter

Living harmoniously as a family is an ongoing, intentional journey. The beginning of that journey is marked by great anticipation and genuine excitement. A bride and groom have high hopes and great dreams as they start out life together. However, as in all journeys, unexpected challenges pop up, including the arrival of children, which requires the couple to cultivate valuable parenting skills—without a handbook! At each age, from preschool through elementary school, each child requires his or her parents to make adjustments along the way to keep the relationships harmonious. Just about the time parents get their arms around all of that, the teenage years arrive! This stretching and complicated time calls for even more adjustments and a greater willingness to change if the parents hope to sustain harmony in the home. Then, after all that adapting, a brand new set of challenges arrives—the children reach adulthood, with minds of their own. Can there still be mutual respect and meaningful relationships in the family? Can harmony continue between parents and their grown-up kids? Absolutely! The question is,



Discovering the Way

1. Relational Essentials That Must Never Change

As we think about our children, remember that no challenge in any family is impossible, no child of any age is in authority, no person in any home is independent of other family members, and no reaction to any issue should be handled in the flesh.

2. Biblical Principles That Should Always Be Followed (Ephesians 4:25–32)

Ephesians 4 presents six principles that should guide our relationships with our adult children: speak truth, get passionate, stop stealing, quit yelling, give grace, and be kind.

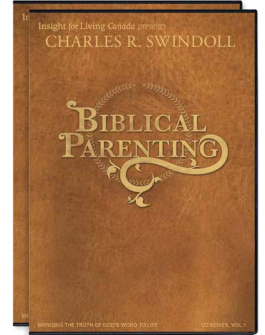


Starting Your Journey

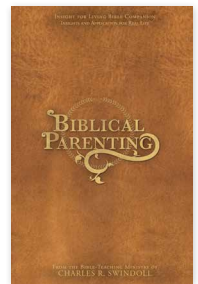
As you think on the list of principles from Ephesians and strive to maintain a good relationship with your adult children, memorize this list, share it with someone who's struggling, and enjoy the benefits as your kids leave the nest.



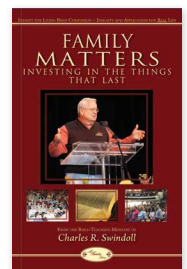
Tools for Digging Deeper



Biblical Parenting
by Charles R. Swindoll
CD series



Biblical Parenting
Bible Companion
softcover book



Family Matters: Investing in
the Things That Last
Bible Companion
softcover book

To order any of these
recommended resources,
call 1-800-663-7639
or visit
insightforliving.ca